

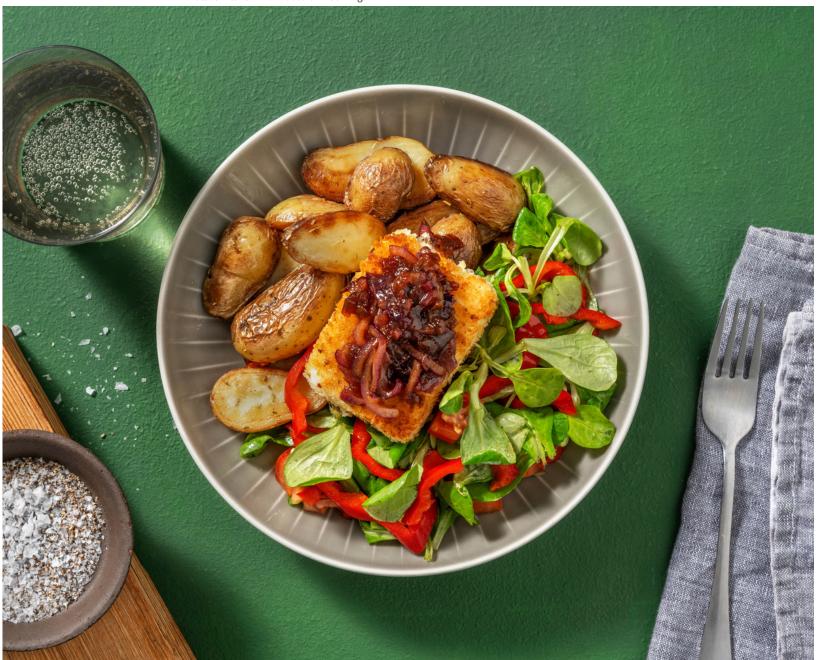
# Panko-Crusted Greek-Style Cheese

with rosemary, baby potatoes, onion chutney & Romano pepper salad



Nice & Fast Veggie

Total time: 25 min. • Based on 2 servings









Greek-style cheese



Panko breadcrumbs



Pre-cooked halved baby potatoes (skin-on)



Romano pepper



Dried rosemary





Tomato



Onion chutney



Red onion



Lamb's lettuce

### A fresh start

Decide which recipes to cook first by checking the expiration date of each ingredient. Make sure to wash and weigh your fresh fruits and vegetables.

## Equipment

Saucepan, kitchen paper, sauté pan with lid attachment, 2x deep plate, salad bowl, frying pan

## Ingredients for 1-6 servings

|   | <b>1</b> p | 2p       | Зр   | 4p  | 5р   | 6р   |
|---|------------|----------|------|-----|------|------|
| Greek-style cheese* (g) 7)                      | 100        | 200      | 300  | 400 | 500  | 600  |
| Panko breadcrumbs (g) 13) 15)                   | 15         | 25       | 40   | 50  | 65   | 75   |
| Pre-cooked halved baby potatoes (skinon)* $(g)$ | 200        | 400      | 600  | 800 | 1000 | 1200 |
| Romano pepper* (pcs)                            | 1          | 2        | 3    | 4   | 5    | 6    |
| Dried rosemary (sachets)                        | 1/2        | 1        | 11/2 | 2   | 21/2 | 3    |
| Garlic (cloves)                                 | 1/2        | 1        | 11/2 | 2   | 21/2 | 3    |
| Tomato (pcs)                                    | 1/2        | 1        | 11/2 | 2   | 21/2 | 3    |
| Onion chutney* (g)                              | 40         | 80       | 120  | 160 | 200  | 240  |
| Red onion (pcs)                                 | 1/2        | 1        | 11/2 | 2   | 21/2 | 3    |
| Lamb's lettuce* (g)                             | 30         | 60       | 90   | 120 | 150  | 180  |
| Not included                                    |            |          |      |     |      |      |
| Olive oil (tbsp)                                | 1          | 2        | 3    | 4   | 5    | 6    |
| White wine vinegar (tbsp)                       | 1/2        | 1        | 11/2 | 2   | 21/2 | 3    |
| Honey (tbsp)                                    | 1/2        | 1        | 11/2 | 2   | 21/2 | 3    |
| Extra virgin olive oil (tbsp)                   | 1/2        | 1        | 11/2 | 2   | 21/2 | 3    |
| Flour (tbsp)                                    | 2          | 4        | 6    | 8   | 10   | 12   |
| Butter (tbsp)                                   | 1/2        | 1        | 11/2 | 2   | 21/2 | 3    |
| Salt & pepper                                   |            | to taste |      |     |      |      |
| * keen in the refrigerator                      |            |          |      |     |      |      |

<sup>\*</sup> keep in the refrigerator

#### **Nutritional** values

|                         | Per serving | Per 100g |
|-------------------------|-------------|----------|
| Energy (kJ/kcal)        | 3774 /902   | 591/141  |
| Total fat (g)           | 45          | 7        |
| Of which: saturated (g) | 20,8        | 3,3      |
| Carbohydrates (g)       | 90          | 14       |
| Of which: sugars (g)    | 30,1        | 4,7      |
| Fibre (g)               | 11          | 2        |
| Protein (g)             | 29          | 5        |
| Salt (g)                | 3,1         | 0,5      |

### Allergens

7) Milk 13) Gluten 15) Wheat May contain traces of: -



## Step 1:

- Chop the red onion into half rings and crush or mince the garlic.
  Heat ½ tbsp olive oil per person in a lidded sauté pan and fry the garlic for 1 2 minutes.
- Add the baby potatoes and continue frying, covered, for 10-11 minutes over high heat, tossing regularly.
- Add 1 tsp rosemary per person and fry for 5 more minutes, uncovered.
- Meanwhile, heat a saucepan without oil over medium-high heat.
  Fry the red onion for 6 8 minutes without oil, then add ½ tbsp butter per person along with the onion chutney. Mix well and continue cooking for 2 3 minutes.



# Step 2:

- Cut the **Romano pepper** into strips and dice the **tomato**.
- In a salad bowl, combine the white wine vinegar with the honey and the extra virgin olive oil.
- Add the chopped Romano pepper, the diced tomato and the lamb's lettuce and toss well with the dressing. Season to taste with salt and pepper.



# Step 3:

- In a deep plate, combine 2 tbsp per person each of flour and water so as to make a batter. In another deep plate, mix ½ tsp rosemary per person with the panko breadcrumbs.
- Pat the Greek-style cheese dry with kitchen paper. Dip the cheese into the batter and then coat with the rosemary-panko mixture.
- Heat ½ tbsp olive oil per person in a frying pan and fry the Greekstyle cheese for 2 - 3 minutes per side or until golden-brown.



# Step 4:

- Serve the baby potatoes on plates and top with the Greek-style cheese.
- Top with the caramelised **onion chutney** and serve the salad alongside.

# Enjoy!